

# Watermelon Agua Fresca

SERVES 4

## Ingredients

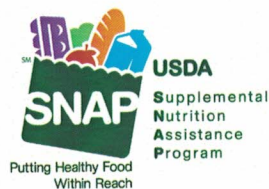
- 2¼ pounds cold, seedless watermelon
- 1 cup very cold water
- 1 tablespoon fresh lemon juice or lime juice
- 1½ tablespoons honey, if you like
- Pinch salt



## Directions

1. Cut the watermelon flesh away from the rind. Cut the watermelon into chunks.
2. Put the watermelon chunks, water, lime juice, salt and honey in the blender. Put the top on tightly.
3. Blend until the mixture is liquidy and smooth. Turn the blender off, with the small spoon take a taste.
4. Add a little bit more lime juice or honey if you want the drink to be a little more sour or sweet. If you have added more lime juice or honey, put the top back on the blender tightly, turn the blender to medium and blend for about 5 seconds.
5. Serve right away, or keep covered and refrigerate up to 4 hours. If you do this, give the drink a quick stir before serving.

Source: ChopChop Magazine



Funded by the Pennsylvania (PA) Department of Human Services (DHS) through PA Nutrition Education Tracks, a part of USDA's Supplemental Nutrition Assistance Program (SNAP). To find out how SNAP can help you buy healthy foods, contact the DHS toll-free Helpline at 800-692-7462. USDA is an equal opportunity provider and employer.